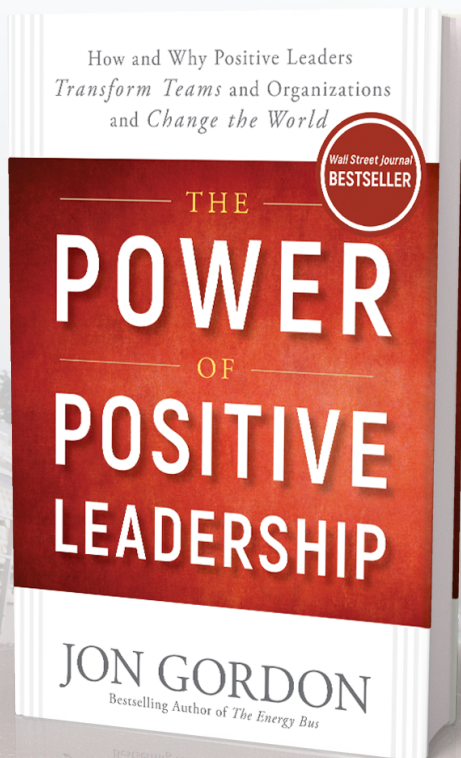


# WORKSHOP FOR STUDENT ATHLETES

**Student athletes will learn proven principles and practices to lead themselves and others while implementing skills and strategies to develop a positive mindset, manage stress, conquer fear and overcome negativity and adversity.**

Based on his best-selling book, *The Power of Positive Leadership*, and his work with countless college athletes and coaches, Jon Gordon has created a leadership workshop designed specifically for student athletes.

This workshop was created to share the principles, practices, skills and strategies to help every student athlete enhance their leadership capability and develop into leaders who transform their teams and organizations and impact the world.



The Power of Positive Leadership Workshop for Student Athletes is a 3-hour interactive program facilitated by a JGC Certified Workshop Leader who gives students the tools and skills to:

- Create a strong, positive culture.
- Create a vision for themselves and their future and identify the actions necessary to achieve it.
- Develop a positive mindset.
- Overcome stress, fear, and failure.
- Lead with optimism, encouragement and belief.
- Transform complaining into solutions.
- Communicate and connect more effectively to build stronger relationships and a stronger team.
- Become a more committed and better teammate.
- Strive for excellence, lead by example, and inspire excellence in others.
- Enhance resilience and grit and thrive in the face of adversity and challenges.

Contact Us to with Questions or to Schedule a Workshop  
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